

# VCE HIGH PERFORMANCE TUTORING

## Exam Preparation Program (EPP)



### VCE Biology Units 3 & 4: Timetable

Dear Parents & Guardians,

The VCE Biology Unit 3 & 4 EPP combines three intents consistently across the 16 week program: strong content revision; explicit exam technique; and regular exam-style application under timed conditions. Each session is designed to revise key knowledge, and to help students improve how they interpret questions, structure responses, apply data and stimulus material and avoid common exam errors.

The timetable herein contains a macro summary of each workshop and tutorial focus. The structure is intentionally flexible; to enable adjustment once the lead educator understands student strengths, weaknesses and school progress in more detail.

Across the program, the lead educator and tutor incorporate proven study techniques and strategies of high performing ATAR students, including active recall, spaced repetition, error analysis, timed practice, worked example comparison, and exam response scaffolding.

The overarching objective of the VCE EPP is to build the students' confidence, accuracy and exam readiness over time, so that by the final weeks they are not just revising content but performing strongly under VCE exam conditions.

Please direct enquiries to [vcepp@shortcoursesau.edu.au](mailto:vcepp@shortcoursesau.edu.au) or phone 1300 747 430 or enrol online following the QR code.

Yours sincerely,

Jonathon Ainscough  
Chief Executive Officer

## STUDY

FACE TO FACE OR ONLINE

Evening and weekend classes  
available Sunday to Friday.

## COST

**\$35.00 PER HOUR**

Flexible payment options, \$105.00 per  
week for 16 weeks.

## ENROL



RTOID 41261



# Course Timetable: VCE Biology 3/4

## Week 1

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 3 July 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Introduce the structure of the VCE Biology exam, including how marks are often gained and lost.</li> <li>• Establish how EPP will be run. E.g. content revision, timed application and personalised feedback each week.</li> <li>• Revise the core skills that underpin success across the whole course.</li> <li>• Map the VCAA Biology exam structure, timing and mark distribution.</li> <li>• Complete a short diagnostic using recent Section A and Section B questions.</li> <li>• Practise reading-time decisions: scan command terms and high-value questions.</li> <li>• Set response rules: answer directly, use precise biology terms, match marks.</li> </ul>
07.05 PM to 07.55 PM	Monday 6 July 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Review responses, ask questions and practice exam techniques</li> </ul>

## Week 2

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 10 July 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Review core skills from previous lesson.</li> <li>• Revise nucleic acids, proteins, genes and gene expression from Unit 3 AOS1.</li> <li>• Practice transcription, translation, mutation and DNA-RNA-protein links.</li> <li>• Work through short-answer and labelled-diagram questions in VCAA style.</li> <li>• Train definition and explanation skills using precise, non-vague wording.</li> <li>• Learning strategies: active recall, comparison tables, timed short-answer practice, error analysis.</li> </ul>
07.05 PM to 07.55 PM	Monday 13 July 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Review responses, ask questions and practice exam techniques</li> </ul>

## Week 3

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 17 July 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Revise gene regulation and DNA manipulation: PCR, enzymes, plasmids and CRISPR.</li> <li>• Use biotechnology case-study questions drawn from recent VCAA papers.</li> <li>• Practice, compare, explain, justify and evaluate responses for higher-mark items.</li> <li>• Learn to pull evidence from the stem and link each step to biology knowledge.</li> <li>• Learning strategies: worked-example comparison, dual coding, mistake tracking, retrieval practice.</li> </ul>
07.05 PM to 07.55 PM	Monday 20 July 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Review responses, ask questions and practice exam techniques</li> </ul>

## Week 4

Time	Date	Delivery Details	Session Summary
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04.20 PM to 06.10 PM	Friday 24 July 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Revise photosynthesis: chloroplast structure, pigments, light stage and Calvin cycle.</li> <li>Apply knowledge to graphs, experiments and rate-of-photosynthesis questions.</li> <li>Compare C3, C4 and CAM adaptations in exam-style responses.</li> <li>Focus on cause-and-effect explanations instead of listing isolated facts.</li> <li>Learning strategies: active recall, stepwise modelling, error analysis, response scaffolding.</li> </ul>
07.05 PM to 07.55 PM	Monday 27 July 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>

### Week 5

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 31 July 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Revise cellular respiration: glycolysis, Krebs cycle, ETC and anaerobic pathways.</li> <li>Connect substrates, products, locations and ATP yield in exam questions.</li> <li>Practice sequencing steps clearly in short-and extended-response answers.</li> <li>Match explanation depth to the mark allocation and wording of the question.</li> <li>Learning strategies: interleaving, timed practice, worked examples, close question analysis.</li> </ul>
07.05 PM to 07.55 PM	Monday 3 August 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>

### Week 6

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 7 August 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Complete a mixed Unit 3 question bank on molecular genetics and biochemical pathways.</li> <li>Use timed sets so students switch topics the way the final exam requires.</li> <li>Refine multiple-choice elimination and 4- to 6-mark response structure.</li> <li>Start a correction log for content gaps, wording issues and careless errors.</li> <li>Learning strategies: graph interpretation drills, active recall, exam language drilling, error analysis.</li> </ul>
07.05 PM to 07.55 PM	Monday 10 August 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>

### Week 7

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 14 August 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Begin Unit 4 AOS1: pathogens, antigens and innate immune system defences.</li> <li>Practice compare-and-contrast and sequence questions on lines of defence.</li> <li>Clarify similar terms so students avoid definition-based mark loss.</li> <li>Build process answers that explain what happens first, next and why.</li> <li>Learning strategies: concept mapping, retrieval practice, worked-example comparison, response scaffolding.</li> </ul>
07.05 PM to 07.55 PM	Monday 17 August 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>

Week 8			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 21 August 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>Consolidate the first half of the program through a mixed-topic revision session using historical VCE-style questions.</li> <li>Continue Unit 4 AOS1 with adaptive immunity, antibodies, vaccination and medicines.</li> <li>Use recent immunity and disease-control questions with graphs and scenarios.</li> <li>Practice justify and evaluate responses using evidence from the stem.</li> <li>Train students to stay specific instead of drifting into generic notes.</li> <li>Learning strategies: interleaving, timed retrieval, error logs, metacognitive reflection.</li> </ul>
07.05 PM to 07.55 PM	Monday 24 August 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>
Week 9			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 28 August 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>Revise evolution basics: gene pools, allele frequencies, mutation and selection pressures.</li> <li>Practice explaining change at population level, not individual level.</li> <li>Apply gene flow and genetic drift to short-answer and data questions.</li> <li>Use correct evolutionary language about frequency, adaptation and generations.</li> <li>Learning strategies: active recall, pattern recognition, worked examples, spaced repetition.</li> </ul>
07.05 PM to 07.55 PM	Monday 31 August 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>
Week 10			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 4 September 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>Revise evidence for evolution: fossils, biochemistry, homologous structures and phylogenies.</li> <li>Work through unfamiliar-data questions based on evidence sets and trees.</li> <li>Practice drawing conclusions before supporting them with the strongest evidence.</li> <li>Learn how to read relatedness carefully and justify it accurately.</li> <li>Learning strategies: flowchart mapping, scaffold fading, interleaving, error analysis.</li> </ul>
07.05 PM to 07.55 PM	Monday 7 September 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>
Week 11			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 11 September 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>Complete Unit 4 AOS2 with speciation and human change over time.</li> <li>Use hominin and fossil questions that require discussion and evaluation.</li> <li>Practice weighing evidence rather than just describing features.</li> <li>Plan higher-mark answers briefly before writing.</li> <li>Learning strategies: close reading, worked-example comparison, dual coding, timed short-answer practice.</li> </ul>

07.05 PM to 07.55 PM	Monday 14 September 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>
<b>Week 12</b>			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 18 September 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Run a science-skills workshop on variables, controls, validity, reliability and error.</li> <li>Use Biology experiments to practise method-analysis and data questions.</li> <li>Write specific improvements linked directly to the weakness identified.</li> <li>Strengthen experimental-design language commonly needed in Section B.</li> <li>Learning strategies: question deconstruction, model answer comparison, error analysis, metacognitive reflection.</li> </ul>
07.05 PM to 07.55 PM	Monday 21 September 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>
<b>Week 13</b>			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 25 September 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Revisit weak areas through short reteaching, worked examples and immediate practice so students can turn feedback into improved performance.</li> <li>Strengthen confidence by showing students how to correct mistakes systematically rather than repeating them.</li> <li>Complete a strict-timing multiple-choice section using full Section A sets.</li> <li>Practice identifying topic, eliminating distractors, flagging and returning efficiently.</li> <li>Review errors by category: content, language or exam technique.</li> <li>Use results to target final revision instead of revising everything broadly.</li> <li>Learning strategies: deliberate practice, mistake correction cycles, retrieval practice, worked-example comparison.</li> </ul>
07.05 PM to 07.55 PM	Monday 28 September 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>
<b>Week 14</b>			
Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 9 October 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<b>Workshop</b> (1 Tutor:10 Student Ratio) <ul style="list-style-type: none"> <li>Run a substantial timed simulated exam section to build exam stamina, timing awareness and response discipline under pressure.</li> <li>Mark and review student responses in detail, focusing on common themes such as misreading the question, insufficient explanation, weak terminology or careless calculation errors.</li> <li>Use feedback to identify each student's final priority areas for improvement before the exam.</li> <li>Run a Section B workshop using recent short- and extended-answer questions.</li> <li>Turn mark allocations into answer structure before writing.</li> <li>Practice when to define, explain, compare or use evidence from data.</li> <li>Improve depth, relevance and completeness in higher-mark responses.</li> <li>Learning strategies: timed practice, exam wrappers, error logs, deliberate practice.</li> </ul>
07.05 PM to 07.55 PM	Monday 12 October 2026	Google Meet	<b>Tutorial</b> (1 Tutor:5 Student Ratio) <ul style="list-style-type: none"> <li>Review responses, ask questions and practice exam techniques</li> </ul>

## Week 15

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 16 October 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Complete a trial paper under exam conditions.</li> <li>• Rehearse pacing, section order, stamina and checking routines.</li> <li>• Review terminology precision, command terms and answer completeness.</li> <li>• Finish with a targeted final-improvement plan based on actual errors.</li> <li>• Run a high-yield final revision review of the most examinable Units 3 &amp; 4 topics, while answering student questions and correcting remaining weak areas through targeted practice.</li> </ul>
07.05 PM to 07.55 PM	Monday 19 October 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Review responses, ask questions and practice exam techniques</li> </ul>

## Week 16

Time	Date	Delivery Details	Session Summary
04.20 PM to 06.10 PM	Friday 23 October 2026	Room L1R1 Level 1, 350 Collins St, Melbourne or Google Meet	<p><b>Workshop</b> (1 Tutor:10 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Consolidate the entire 16-week program through a final mixed-topic revision session centered on exam execution, confidence and strategy.</li> <li>• Use the correction log to target the student's highest-yield weak areas.</li> <li>• Complete selected 2024 and 2025 questions across both sections.</li> <li>• Rehearse reading-time choices, pacing, checking and diagram habits.</li> <li>• Finish with a clear exam-week checklist and paper-day strategy.</li> </ul>
07.05 PM to 07.55 PM	Monday 26 October 2026	Google Meet	<p><b>Tutorial</b> (1 Tutor:5 Student Ratio)</p> <ul style="list-style-type: none"> <li>• Review responses, ask questions and practice exam techniques</li> </ul>

## VCE Examination

Time	Date	Delivery Details	Session Summary
04.30 PM to 06.30 PM	Friday 30 October 2026	Date & Time not Confirmed	The 2026 VCE examination timetable will be published by VCAA in May. Written examinations will be completed between Monday 26 October 2026 and Wednesday 18 November 2026

# LEARN MORE



## VCE TUTORING HIGH PERFORMANCE

### Exam Preparation Program (EPP)

Short Courses Australia offer Year 12 students a **16 Week** Exam Preparation Program (EPP) for select VCE Unit 3 & 4 subjects.

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## Exam Preparation Program

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- Commencing 29 June 2026
- Study face to face or online
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- Weekly workshop and tutorial



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